Cover
Baseline 2 Teen
It was great to seeing you last time, thanks so much for seeing us again. We have not told anyone anything you told us last time and we will not tell anything that you tell us now either. Last time we used a made up name for you, would you like to tell us a new one or use the old one?

Practice Questions

Section 1

1. What is your name?

2. How old are you?

3. What is your favourite song on the radio?

4. Which one of these has the best T-Shirt?
MY CAREGIVER AND I

SECTION 2

Sometimes it is very difficult to speak with our parents and adults who care about us. They get easily worried and angry. Some other times they can give us very helpful advice and support when we tell them about important things. These questions are about how you and your caregiver speak to each other.

Remember that all your answers will remain confidential and we will not tell anyone about them.

For the following questions, please say how many days this has been true for you in the last week

1. I have fun doing things with my caregiver: 0-7
2. Doing things with my caregiver makes me feel worried, tense, or bored: 0-7
3. We all have busy lives. Thinking about the past week how often have you and your caregiver talked for more than five minutes? How many days in the past week? (0-7)
4. It can be hard to get along with our caregiver. Many of us have disagreements for lots of reasons, such as when we stay out too late. Please tell us how many days you have had a disagreement with your caregiver that involved raised voices, shouting, or fights: How many days in the past week? (0-7)
5. When these disagreements happen, how often have you or your caregiver ever physically hurt one another? How many days in the past week? (0-7)_____________
7. In a few words/sentences please tell us the reason why when you have to deal with an argument with your caregiver that you react in this way:

8. What do you think would help you and your caregiver to get along better?

<table>
<thead>
<tr>
<th>6. When you argued with your caregiver in the past week, how many days did you...</th>
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<tbody>
<tr>
<td>6a. feel unable to talk or refuse to react to them? 0-7</td>
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<td>6b. argue back? 0-7</td>
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<td>6c. insult your caregiver? 0-7</td>
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<td>6d. say/do things to upset your caregiver? 0-7</td>
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<td>6e. act in ways to upset your caregiver? 0-7</td>
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</table>

9. Another important question:

What is your favourite food?

What is your worst food?

4
**Section 3**

Remember that your answers here are completely confidential – we won’t tell people what you say

In the past month, can you say if this is...

1. I drink alcohol without my caregivers’ approval
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

2. I don’t feel guilty after doing something I shouldn’t
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

3. I break rules at home, school or elsewhere
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

4. I hang around with teens who get in trouble
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

5. I lie or cheat
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

6. I would rather be with older kids than kids my own age
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

7. I run away from home
   - Not true
   - Somewhat or sometimes true
   - Very true or often true

Sipho and Thobeka are back! And they say sometimes it’s just really difficult to be a teenager. Your parents or grandparents want you to be like an obedient child. But your friends want you to hang out and have fun with them. Sipho got in trouble at school really badly for getting in a fight, and Thobeka had a massive argument with his family because he stayed out really late last Friday night. The next questions are about that times when you might not follow the rules.
In the past month...

8. I steal at home
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

9. I steal from places other than home
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

10. I swear or use dirty language
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

11. I think about sex a LOT
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

12. I smoke cigarettes
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

13. I cut classes or skip school
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

14. I use drugs like dagga or other drugs
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

15. I like to be fair to others
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true
Yoh – it’s difficult to answer these questions truthfully, isn’t it? But remember that we won’t tell anyone at all what you say – this information isn’t linked to you or your name and it just gets put with what hundreds of other teens say, to help us to make programmes for families. So we appreciate your honesty here!

16. I argue a lot
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

17. I am mean to others
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

18. I try to get a lot of attention
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

19. I destroy my own things
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

20. I destroy things belonging to others
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

21. I disobey my caregivers
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

22. I disobey at school
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

23. I get in many fights
☐ Not true  ☐ Somewhat or sometimes true  ☐ Very true or often true

24. I physically attack people
☐ Not true  ☐ Somewhat or sometimes true  ☐ Very true or often true

25. I scream a lot
☐ Not true  ☐ Somewhat or sometimes true  ☐ Very true or often true

26. I am stubborn
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

27. My moods or feelings change suddenly
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

28. I enjoy being with people
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

29. I am suspicious
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true
30. I tease others a lot
☐ Not true
☐ Somewhat or sometimes true
☐ Very true or often true

31. I have a hot temper
☐ Not true
☐ Somewhat or sometimes true
☐ Very true or often true

32. I threaten to hurt people
☐ Not true
☐ Somewhat or sometimes true
☐ Very true or often true

33. I am louder than other teens
☐ Not True  ☐ Sometimes or somewhat true  ☐ Very often or often true

Remember that your answers here are completely confidential – we won’t tell people what you say.

Sometimes our communities and school can be dangerous. At times some teenagers feel they need to carry something to protect themselves. Please choose either yes or not for the following questions.

34. Sometimes I carry a knife on me for protection
☐ No  ☐ Yes

35. Sometimes I carry a gun on me
☐ No  ☐ Yes

36. Sometimes I hang out with friends who are in gangs
☐ No  ☐ Yes
Teen Confidential

Can we ask you a few quick questions about teen stuff here? Remember that everything you say is completely confidential – we won’t tell anyone.

a) How old were you when you first had sex? ______

b) Have you a boyfriend or girlfriend who you had sex with who was more than 5 years older than you?

☐ Yes
☐ No

c) Have you been with this person in the last month?

☐ Yes
☐ No

d) People have sex for lots of different reasons. Sometimes, people give presents to the person they are dating. Have you ever had presents or help given to you because you were having sex with someone? Maybe they helped you out with school fees or groceries, or gave you lifts or somewhere to stay, or maybe gifts or airtime?

☐ Yes
☐ No

g) How many people have you had sex with this year? ______

h) When you had sex in the last month, how often did you use condoms?

☐ Always
☐ Most of the time
☐ Sometimes
☐ Never

i) Have you ever been pregnant or made someone pregnant?

☐ Yes
☐ No

j) Do you have any children?

☐ Yes
☐ No

If yes, how old are they?
Sometimes Sipho and Thobeka experience violence or bad treatment by family members, at school and in their community. This happens to many teenagers in South Africa and the rest of the world. We would like to ask you about your experiences with violence so that we can know what we have to do in the future to keep teenagers safe.

These questions may seem strange or hard to answer. Please try to answer them as best you can, thinking about the past month. This is not a test. There is no right or wrong answer, just say what you remember happened to you. If at any point you feel too uncomfortable to continue you can stop. If you want to get help about any of the things we ask about, talk to me. Unless we think you are in a lot of danger and feel that we need to get you help or you want to talk to us about this, no one will ever know what you answered to any of these questions.

When Sipho is at home, his uncle and aunt sometimes shout at each other very loudly and then they start hitting each other. Sipho is very frightened by these arguments. Sometimes, when teenagers are growing up they see adults behaving in ways that make them feel uncomfortable or frightened.
How often has any of the following happened to you in the past month? The possible answers are once or twice, 3-5 times, more than 5 times, has happened but not in the past month and it has never happened.

1. How many days were there arguments with adults shouting in your home?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

2. How many days were there arguments with adults hitting each other in your home?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

Like all other teenagers, Thobeka has times when she just doesn’t get on with her family. Sometimes people in our home say things to us that make us feel ashamed, embarrassed and sad. In the past month, how often did any of the following happen to you?

3. Scream at you very loudly and aggressively?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

4. Call you names, say mean things or swear at you?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

5. Make you feel ashamed/embarrassed in front of other people in a way you feel bad
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

6. Say that they wished you were dead or had never been born?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never

7. Threaten to leave you forever or abandon you?
   - Once or twice
   - 3-5 times
   - More than 5 times
   - Has happened but not in the past month
   - Never
In the past month...

8. Lock you out of the home for a long time?
   - Yes
   - No
   
   If yes, who did you ask for help?
   - My family
   - Doctor or Nurse
   - Social Worker
   - Teacher or an adult at school
   - A friend
   - Police

9. Threaten to hurt or kill you, including calling evil spirits against you?
   - Yes
   - No

10. Have you asked for help with any of the things we just asked you about?
   - Yes
   - No

11. Do you feel that you did not get enough to eat and/or drink even though there was enough for everyone?
    - Yes
    - No

12. Were not taken care of when you were sick – for example not taken to see a doctor when you were hurt or not given the medicines you needed?
    - Yes
    - No

13. You did not feel cared for?
    - Yes
    - No

14. Felt that you were not important?
    - Yes
    - No

15. Felt that there was never anyone looking after you, supporting you, helping you when you most needed it?
    - Yes
    - No
Sometimes families just get really mad with each other. Thobeka and Sipho sometimes get beaten with a switch in the home when their mother is angry. Thinking about yourself, in the past month, has your caregiver in your home done something such as:

16. Pushed, grabbed, or kicked you?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

17. Hit, beat, or spanked you with a hand?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

18. Hit, beat, or spanked you with a belt, paddle, a stick or other object?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

19. Choked you, smothered you with a pillow or tried to drown you?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

20. Burned or scalded you, or tied you to something?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

21. Twisted your ear or pulled your hair?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

22. Beat you over and over again or threatened you with a knife or a gun?

☐ Once or twice  ☐ 3-5 times  ☐ More than 5 times  ☐ Has happened but not ☐ Never in the past month

23. Have you asked for help with any of the things we just asked you about?

☐ Yes  ☐ No

If yes, who did you ask for help?
☐ My family  ☐ Doctor or Nurse  ☐ Social Worker  ☐ Teacher or an adult at school  ☐ A friend  ☐ Police
Sometimes Sipho's cousin makes Sipho and Thobeka do sexual things that they don't want to do. Thinking about yourself, has anyone done any of these things to you in the past month?

24. Make you upset by speaking to you or texting you in a sexual way or writing sexual things about you that you did not want?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

25. Make you watch a sex video or look at sexual pictures when you did not want to, for example on a cell phone?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

26. Make you look at their private parts or wanted to look at yours when you did not want to?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

27. Touch your private parts or made you touch theirs when you did not want to?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

28. Make a video or cell phone video of you doing sexual things when you did not want to?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

29. Try to have sex with you when you did not want to?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never

30. Have sex with you when you did not want them to?
   - □ Once or twice
   - □ 3-5 times
   - □ More than 5 times
   - □ Has happened but not in the past month
   - □ Never
### If Any of These Things Happened to You

<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
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<tbody>
<tr>
<td>31. Did they happen at school, at home, in the community?</td>
<td>Please, state all that apply</td>
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<tr>
<td>32. Was it an adult or a teenager?</td>
<td></td>
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<tr>
<td>33. Do you have any other experiences with being hurt at home that we have not already asked you about?</td>
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<tr>
<td>34. Have you asked for help with any of the things we just asked you about?</td>
<td>□ Yes □ No</td>
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<tr>
<td>35. How did the person you first told about your experience react?</td>
<td>□ They believed me and supported me □ They believed me but did not care □ They blamed me for causing it □ They did not believe me at all</td>
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<tr>
<td>36. What do you think would help to protect teenagers against violence?</td>
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</table>

**Thank you for being so honest with us. We know that these questions are very difficult to answer. If any of these questions have made you sad and you would like to talk to us about them, please let me know. We can also give you contact information for social workers and helplines that you can call or visit to talk about your problems.**

**Thank you for your help with these questions. Your answers really make a difference.**
Cut Out and Make...
Hmmmmm..... families can be the best things when we feel a part of them. But they can also be really hard for teenagers.

Please answer all items

<table>
<thead>
<tr>
<th>In the past month...</th>
<th>Never</th>
<th>Almost never</th>
<th>Sometimes</th>
<th>Often</th>
<th>Always</th>
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<tbody>
<tr>
<td>1. You have a friendly talk with your main caregiver.</td>
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<td>2. Your caregiver tells you that you are doing a good job.</td>
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<td>3. Your caregiver threatens to punish you and then do not do it.</td>
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<td>4. Your caregiver helps with some of your special activities (such as sports, boy/girl scouts, church youth groups).</td>
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<td>5. Your caregiver rewards or give something extra to you for behaving well.</td>
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<td>6. You fail to leave a note or let your caregivers know where you are going.</td>
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<td>7. You play games or do other fun things with your caregiver.</td>
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<td>8. You talk your caregivers out of punishing you after you have done something wrong.</td>
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<td>9. Your caregiver asks you about your day in school.</td>
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<td>10. You stay out in the evening past the time you are supposed to be home.</td>
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<td>11. Your caregiver helps you with your homework.</td>
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<tr>
<td>12. Your caregivers give up trying to get you to obey them because it’s too much trouble.</td>
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<td>13. Your caregiver compliments you when you have done something well</td>
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<tr>
<td>In the past month...</td>
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<td>Almost never</td>
<td>Sometimes</td>
<td>Often</td>
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<tr>
<td>14. Your caregiver asks you what your plans are the coming day.</td>
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<td>15. Your caregiver accompanies you to a special activity.</td>
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<td>16. Your caregiver praises you for behaving well.</td>
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<td>17. Your caregiver does not know the friends you are with.</td>
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<td>18. Your caregiver hugs or kisses you when you have done something well.</td>
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<td>19. You go out without a set time to be home.</td>
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<td>20. Your caregiver talks to you about your friends</td>
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<td>21. You go out after dark without an adult with you.</td>
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<td>22. Your caregiver lets you out of a punishment early (like lift restrictions earlier than they originally said)</td>
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<td>23. You help plan family activities.</td>
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<td>24. Your caregiver gets so busy that he/she forgets where you are and what you are doing.</td>
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<td>25. Your caregiver does not punish you when you have done something wrong.</td>
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<td>26. Your caregiver goes to a meeting at school, like a PTA meeting or caregiver/teacher conference.</td>
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<tr>
<td>1. Your caregiver tells you that he/she likes it when you help out around the house.</td>
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<td>2. You stay out later than you are supposed to and your caregivers don’t know it.</td>
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<td>3. Your caregiver leaves the house and don’t tell you where they are going.</td>
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<td>4. You come home from school more than an hour past time your caregivers expect you to be home.</td>
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<td>5. The punishment your caregivers give depends on their mood.</td>
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<td>6. You are at home without an adult being with you.</td>
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<tr>
<td>7. Your caregivers spank you with their hand when you have done something wrong.</td>
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<td>8. Caregivers ignore you when you are misbehaving.</td>
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<td></td>
<td>Never</td>
<td>Almost Never</td>
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<tr>
<td>1. Your caregivers slap you when you have done something wrong.</td>
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<td>2. Your caregivers take away a privilege or money from you as a punishment.</td>
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<td>3. Your caregivers send you to your room as a punishment.</td>
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<td>4. Your caregivers hit you with a belt, switch, or other object when you have done something wrong.</td>
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<td>5. Your caregivers yell or scream at you when you have done something wrong.</td>
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<td>6. Your caregivers calmly explain to you why your behaviour was wrong when you misbehave.</td>
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<td>7. Your caregivers ban you from watching the tv or takes something important (i.e. your phone away from you as punishment</td>
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<td>8. Your caregivers give you extra chores as a punishment.</td>
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</table>

Thank you for answering these questions. We really appreciate your honesty.
Many people in our community are sick or someone in their family is sick or has died.

Sometimes people treat us differently because of this and sometimes it makes us feel bad about ourselves.

Could you say how much these things are true for you?

Because someone in my family is sick or has died...

<table>
<thead>
<tr>
<th></th>
<th>1. I’ve been teased</th>
<th>2. I’ve been badly treated</th>
<th>3. People have gossiped behind my back</th>
<th>4. I worry about being rejected</th>
<th>5. People who know don’t want me around them</th>
<th>6. I avoid making new friends</th>
<th>7. I feel different and alone</th>
<th>8. If people know, they avoid touching me</th>
<th>9. If people know, they are afraid of me</th>
<th>10. If people know, they think I am a bad person</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not at all</td>
<td>Sometimes</td>
<td>All the time</td>
<td>Not at all</td>
<td>Sometimes</td>
<td>All the time</td>
<td>Not at all</td>
<td>Sometimes</td>
<td>All the time</td>
<td>Not at all</td>
</tr>
</tbody>
</table>

As teenagers, sometimes we really care about issues or problems in our community or school. Are there any issues that you really care about?
Can we ask about what you’ve talked about with your caregiver in the past month?

1. Getting caught up in a fight or in a gang fight

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

2. Going to places where people are doing drugs or getting drunk

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

3. Being in a place where people are stealing or robbing other people

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

4. Being attacked sexually in the community

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

5. Getting romantically involved with someone who is 5 or more years older

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

6. Getting romantically involved with someone who offers you gifts, school fees, airtime or lifts in their car.

   Have you talked about this?
   Yes ☐ No ☐

   Did you brainstorm possible ways of staying safe and decided together on a plan?

   ☐ Our plan helped me to stay safe.

There are a lot of risks for teenagers in our community. Sometimes Sipho and Thobeka find it hard to talk about these with their parent or caregiver. They are scared that their caregiver will get angry with them, or upset. But sometimes Sipho just really wishes she could speak to her grandma about these things so they could make a plan together and she could get good advice.
7. Getting chased by gangs or individuals

Have you talked about this?
Yes ☐ No ☐
☐ Did you brainstorm possible ways of staying safe and decided together on a plan?
☐ Our plan helped me to stay safe.

8. Being threatened with serious physical harm by someone

Have you talked about this?
Yes ☐ No ☐
☐ Did you brainstorm possible ways of staying safe and decided together on a plan?
☐ Our plan helped me to stay safe.

9. Being beaten up, mugged, attacked or stabbed with a knife

Have you talked about this?
Yes ☐ No ☐
☐ Did you brainstorm possible ways of staying safe and decided together on a plan?
☐ Our plan helped me to stay safe.

10. Being seriously wounded in an incident of violence

Have you talked about this?
Yes ☐ No ☐
☐ Did you brainstorm possible ways of staying safe and decided together on a plan?
☐ Our plan helped me to stay safe.
We are almost done! We really appreciate the effort you have put into answering these questions. We have just one more question.

Imagine you get a special meeting with the Minister of Health. What would you like to tell him about young people and their health in South Africa? If you would you like to draw something, please ask me for pen and paper:

Now we are going to talk about our program....