



Sinovuyo Teen Parent Programme Guide for Focus Group Discussion with Participants (Caregivers) October 2014

Information and Consent

We thank you for your participation in this group discussion. We would like to learn more about your experience as a parent/teenager in the Sinovuyo Caring Families Programme. The aim of this discussion is to gather STS participants views and experiences of the Sinovuyo Teen workshops, with particular interest in barriers to attendance, participation in the sessions and the relevance of session content.

Your response will help us understand what was helpful about this experience as well as those parts of the programme that may need improving or changing. We will then use what you tell us today to make Sinovuyo a better and stronger programme for families that may join us next year.

We are really interested in your personal experience and in any thoughts and feelings that you may have. There are no right or wrong answers because your whole experience is really important to us.

This discussion will take about 90 minutes. We will be recording your responses with this video camera.

The researchers will keep everything you say confidential. Your name and identity will remain private. We ask you also to respect each other and keep what is said here to yourself. Please do remember, though, that we can't guarantee that someone won't talk about this discussion outside of the group.

Please remember that you have the right to stop this focus group at any time if you feel like doing so or you can skip any question that you don't want to answer for any reason.

Please let us know if you are confused with any questions we ask you.

Before we begin, do you have any questions? Do we have your consent to proceed?

Once again, we thank you for your participation!



Participant FGD Guide

Moderators: (Names of moderators)

Respondents: Various peri-urban and rural. In some locations teens and parents will be separated; in others, FGDs will take place with both teens and parents

Materials

4 x Research Assistants

Flipboard

Art supplies: Markers, BIG paper, coloured paper, Prestik

Sinovuyo 'post box'

Snacks, Drinks

Transport where necessary

Cameras/Recording device x2 plus spare batteries

1. Let's warm up! Song, exercise and 'Go buy me Omo'

We begin the focus group as we have begun every one of our sessions, with a song and exercise.

As the participants are well-versed at leading and participating in these by this stage, invite participants to suggest and lead one song and then one physical exercise.

Participants know each other well at this stage, but they are in a slightly new context with different facilitators, so let's get everybody warmed up with an ice-breaker game: 'Go buy me Omo'.

2. What did you learn? One-minute role-playing

First, we would like to know about your experience during the programme and how it has affected you. We use role-plays to ask:

What did you learn from the Sinovuyo programme?

1 minute role-play: Each team (parent/teen) chooses one session to present to the group. First, they will have time to rehearse and prepare their role-play. They will then have one minute to present their role-play. Focus group leaders to do an example first so that the participants can see a model of what they'll be doing.

3. Has anything changed? Mapping change

With this mapping activity, we want to see whether and what might have changed for our participants as a result of the Sinovuyo programme:

Has anything changed in you? Has anything changed in the home? Has anything changed in terms of safety outside the home?

Mapping activity: Let's get them drawing inside and outside (the body? The home?) to indicate what has changed as a result of the programme. Huge paper with a huge teen and parent; draw a "rondavel" (hut) and then leave space around.

4. Sinovuyo content: In/Out/Add

During In/Out/Add you will have a chance to tell us what you would do differently with the content of the Sinovuyo programme. We want to know:



If we were going to change Sinovuyo for next year, which things do we keep in and which things do we keep out? Did we miss anything? What would you add?

Voting/flipchart & labels:

We present all the components of the programme on large ‘buttons’. We hold up each button and they tell us which flipchart page to Prestik it to: One flipchart page for ‘IN’ one for ‘OUT’ one for ‘ADD’.

... or...

We use a show of hands/sounds to ‘vote’ on what stays in/out and the facilitator will mark this on the flipchart page.

Suggestions for additions can be made by the participants and placed on buttons that they then add to the flipchart page themselves, or they can be recruited in discussion and added by the facilitator.

5. Barriers to attendance: Balloon counters

We know not everyone can make every session and might miss one or two. We would like to discuss the reasons why you didn’t attend sessions by asking for your suggestions about what we could do differently:

Is there anything we could have done to help you attend more?

If participants don’t respond to the general prompt and we need to use more pointed questions, draw from the following:

What if people were feeling nervous, how would you suggest that we could help with this?

What if people had transport and childcare issues...

What if people had work...

What if people had healthcare issues?

This is where the balloons come in: Divide the group into two. For every suggestion that participants make for how Sino can get people to attend, their teams gets a balloon. At the end the team with the most balloons keeps all of the balloons!

6. Home visits with hats

Home visits are an important part of the Sinovuyo programme, especially for any participants who miss sessions. In this activity, we want to know:

What would your ideal home visit look like?

Role-play with hats/cloth: Getting into pairs (or can they do this one in teams? Is the entire team collaborates on designing the role-play and then they elect a couple people to dress up and act out?), show us what your best possible home visit could look like. Remember to use the hats/cloth in order to dress up and pretend to be a facilitator!

7. To End... Send us a message!

Is there anything else that you would like to say about your experience?

We’ve set up Big Brother cameras in case you want to speak a message into the camera to Sinovuyo. You can do this in pairs or on your own or with your parent.

We’ve also set up a ‘Sinovuyo post box’ so you can post an anonymous message or illustration to send to us. For our eyes only!



8. Can we contact you again?

Are you happy for us to contact you again in the future, so that you can form part of our advisory group that helps us make important decisions about the Sinovuyo Programme in the future?

THANK YOU FOR YOUR PARTICIPATION!

