



Sinovuyo Teen Parent Programme Guide for Activity Oriented Focus Group Discussion with RCT Participants

November 2015

Information and consent:

Hello and welcome to our Discussion!

My name is [name] and I work for the research team at Sinovuyo Teen. I will be leading the discussion today for about an hour with my colleague [name].

As part of the research team we would like to collect your stories and ideas and opinions about being a part of Sinovuyo. You will notice that while you are in your normal Sinovuyo group, you are not with your facilitators today. This is because we wanted to give you a chance to speak very openly and freely about your experience of Sinovuyo. There will be no right or wrong answers at all today – you are the experts on your Sinovuyo group, and we just want to hear what this was like to be a Sinovuyo parent/teen.

The thoughts you share with us today are very important and we will take them very seriously when we think about how to change the programme and whether or not to offer it to other families. My colleagues are writing down some of the things you say so we can make sure to remember properly what you say today.

You are of course under no obligation to take part in this and are free to leave at any time, and this will not affect you being a part of Sinovuyo.

Before we get any further, do you have any questions? Do we have your consent to proceed?

Please remind the participants to wear their nametags

If you have any further questions or complaints you can contact Dr Lucie Cluver (Lucie.Cluver@spi.ox.ac.uk) and/or Jasmina Byrne (jbyrne@unicef.org)

Signed:

Date:



Guide for Activity Oriented Focus Group Discussion with Sinovuyo Teen Participants

Moderators: Names

Respondents: Various separate groups of teens and parents from peri-urban and rural areas

Materials:

Flipboard, markers, paper
Saving boxes, items to decorate boxes
Snacks, Drinks

In this focus group discussion we will ask 4 groups of questions

- 1) joining Sinovuyo before the sessions started,
- 2) questions about the sessions,
- 3) questions about EZAR [economic strengthening sessions], and
- 4) questions about the future after the sessions.

There are 10 questions in total, and some are discussions, but in others we can also do activities and role-plays if you need a break from talking!

But before we start with the discussion: We know that you know each other well, and so you can start us off in our session today. Who remembers how to start a session? Can someone lead a song?

Part One: Introductory questions

In the first set of questions we want you to think back and remember when you first heard about Sinovuyo and decided to join.

1. **Meeting the research team:** What do you remember about the interviews with Sinovuyo before the sessions started?

- Did you understand why the people from Sinovuyo wanted to talk to you?
- Was there any difference between the first and second time you saw the Research Assistants?

2. **Joining the programme:** What attracted you to take part in the Sinovuyo programme?

- When you were deciding to participate, did you discuss the decision with your teen/caregiver or anyone else?



Part Two: Key questions

In this second set of questions, we want to ask you about your experience of Sinovuyo (the programme itself, your relationships, learnings within and beyond your household and attending the sessions):

1. **Content:** Can you give us examples roleplays/discussions/activities/games/discussions that you like/didn't like? Can you tell us why?
2. **Attendance:** What made attending sessions easy? What made attending sessions more difficult?
3. **Feeling creative? Tell us in a role-play!** Activity: Design a one-minute role-play in which you show us your favourite/least favourite lesson/role-play/discussion/activity.

Step 1: Get into groups of three or four

Step 2: Decide as a group what topic you want to show in your role-play

Step 3: Design your role-play (5 minutes)

Step 4: Show it to the group

Facilitators should remember to guide group discussion based on the role-plays that are shown.

4. **Sinovuyo groups, buddies and facilitators:** Tell us about the **relationships** that you formed in your workshops with the following people.

- **Facilitators:** What were some of the things the facilitators did well? What were some of the things that you think they could have done differently?
- **Group:** How would you describe the other people in your group?
- **Buddy:** Did you manage to see your Sinovuyo Buddy or other group members outside sessions?
- Did you prefer group based sessions or *khaya catch-ups* (home visits)?

5. **Sinovuyo at home and in the community:** What was it like for you in your community to be a part of Sinovuyo?

- Did you share your experience of Sinovuyo with other members of your **household or community**?
- Did you discuss Sinovuyo **at home** with your teen/caregiver?

6. **Activity:** Drawing program results. In this activity we want you to think about all the things that you think changed during or because of Sinovuyo.



- Step 1: Start by taking a blank piece of paper and drawing a big picture of your house.
- Step 2: Did anything change in the relationship with your parent/teen? If yes, participants draw an example of something that changed in the relationship between the parent/teen.
- Step 3: Did anything change in your household? If yes, participants draw an example of something that changed in the household.
- Step 4: Did anything change in your community (outside your household)? If yes, participants draw an example of something that changes in the community.

Facilitators should remember to guide group discussion based on the maps participants draw. If participants would rather discuss their thoughts on these questions rather than draw, that is fine, too!

[Energiser: Ask a participant to volunteer to lead an energiser if group is getting tired]

Part Three: Economic Strengthening

In this next section, we want to ask you in particular about the sessions that focused on money.

1. Caregiver: What did you learn in the Sinovuyo program about money, budgeting, and saving?

- Did the sessions change the way you spend your money?
- Did the sessions change the way you think about saving money?

8. Caregiver Activity: Barriers to saving and effective budgeting?

Step 1: Facilitator draws a windy road on the flip chart

Step 2: At the end of this road are our saving goals. Facilitator asks participants for some of their saving goals and writes them down/draws them.

Step 3: Discussion:

What are the things that make it difficult for us to reach these saving goals?

What makes it difficult for us to get through each month with the money we have?

What are challenges and problems when we try to save our money?

Facilitator writes all challenges next to the ‘road’

2. Teen: What did you learn in the Sinovuyo program about money, budgeting, and saving?

- Did the sessions change the way you spend your money?



- Did the sessions change the way you think about saving money?

8. Teen Activity

Half of the villages will make saving reminders (Week 1), half of the villages will decorate saving boxes (Week 2)

Week 1: Making Saving Reminders for the Home

Step 1: Every teen receives colourful paper, pens, stickers, glue, etc.

Step 2: Facilitator: Remember when we talked about our family saving goals? And remember when we made step-by-step plans on how to save money? Now we want to make saving reminders for our homes – something that will remind us every day on why and how we want to save. Facilitators can give ideas: Drawing family saving goals, drawing a barometer to count your amount of savings, using samps and beans to count your savings...

Step 3: Discussion: Each teen presents their saving reminder to the group

Week 2: Decorating Saving/Cash Boxes

Step 1: Every teen a saving box and receives colourful paper, pens, stickers, glue, etc.

Step 2: Teens design their own saving boxes and decorate it with their personal saving goals/saving reminders

Step 3: Discussion: Each teen presents their saving box to the group

Part Four: Concluding questions

In this last set of questions we want your advice about the future of Sinovuyo!

1. Out of the 14 sessions in Sinovuyo, is there anything that you learnt that you are doing?

- Do you manage to use Sinovuyo lessons in your everyday life?
- Did you encounter any challenges applying these new skills?

2. Do you think there is a need for Sinovuyo in other communities? Which ones?

Tell us using an **Activity! Design a pamphlet for Sinovuyo.** If you were trying to recruit future participants for Sinovuyo, how would you do it? Design a short pamphlet that you could use to recruit families into Sinovuyo.

THANK YOU FOR PARTICIPATING!