



Sinovuyo Teen Parent Programme

Guide for Focus Group Discussion with Sinovuyo Teen Programme Facilitators

November 2015

Information and consent:

Hello and welcome to our discussion! Thank you for agreeing to be a part of this focus group discussion.

My name is [name] and I work for the research team at Sinovuyo Teen. I will be leading the discussion today for about an hour with my colleague [name].

As part of the research team, we are interested in your insight and experience of working with the Sinovuyo Parenting Programme. There will be no right or wrong answers at all today – you are the experts of your own Sinovuyo Teen group, and we just want to hear what this was like to be a Sinovuyo facilitator.

This interview won't take more than an hour. Your participation is voluntary and you are free to withdraw if you wish. This will not affect your involvement in Sinovuyo.

Because it is important for us to make sure we record and reproduce correctly the things you say here, we have two Research Assistants who will be taking notes on what we discuss. Is this okay?

This discussion will help inform our research and publications relating to the Sinovuyo Parenting Programme. But we will ensure that any views you expressed here will remain confidential. Do we have your consent to proceed?

Yes?

No?

Do you have any questions?

If you have any further questions or complaints you can contact Dr Lucie Cluver (Lucie.Cluver@spi.ox.ac.uk) and/or Jasmina Byrne (jbyrne@unice.org).

Signed:

Date:



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Moderators: Names of moderators

Respondents: 2015 Sinovuyo Teen facilitators

Materials:

Markers, paper

Snacks, Drinks

Before we begin: Tell us more about yourself...

- Name
- Age
- Last education degree/ diploma/ standard
- Did you have a job before you became a programme facilitator for the Sinovuyo Teen programme?
- If yes, what did you do/organisation/length of time in this job?
- What training did you receive in your previous job that you think helped you as a Sinovuyo Teen facilitator?
- Are you going back to a job after Sinovuyo Teen?

Experience of Sinovuyo Teen Programme

Sinovuyo programme: What did you think worked well with the Sinovuyo programme? What didn't work well?

Key questions:

- a) **Professional and personal impact:** Did being a Sinovuyo facilitator have an impact on your professional life? Did it have an impact on your personal life? Tell us how.
- b) Now we want to ask about your experience of being a **staff member of Clowns without Borders** and how you liked your job and your work: What was helpful and unhelpful about how your work was organized? (Transport, working with Logistics Coordinators, training, supervision.) If there was one thing you could change about the way your work was organized, what would it be?
- c) **Fidelity and programme adaptation:** Tell us what it was like following the manual at every session and *khaya* (home) catch-up. Did you feel you needed to make any changes? Did you disagree with anything? Did participation and attendance influence your work? Was there a difference between your villages/locations?



- d) **Programme dissemination outside the sessions:** Tell us what it was like to deliver the Sinovuyo programme in participant homes. When you delivered the *khaya* catch-ups, were other members of the household interested? Did they get involved? How was it different delivering the programme in participant homes from in the workshop sessions?

Economic strengthening programme content (EZAR):

The last part of our discussion will focus on the two EZAR sessions and therefore the economic component of the Sinovuyo Teen programme.

- a) **What were your experiences with the Visual Budgeting Exercise in the sessions?** Was the exercise understood well by all participants? What did participants discuss about the exercise in the session and in the next week's home practice discussion? What do you think participants learnt from the Visual Budgeting Exercise?
- b) **Do you think has the Sinovuyo programme changed in the way that participants budget and save their money?** Why/how? What do you think participants learnt about budgeting? What do you think participants learnt about saving? Why do you think it might be difficult for participants to change their way of budgeting and saving money?
- c) **What are the skills, ideas, and motivations** that you yourself take home from the EZAR sessions in particular? Can you give us an example?

Conclusion:

Do you think the programme and your work have made a difference for the families? If so, do you have any examples? Do you have any examples when things stayed the same or got worse?

Activity:

Write a facilitator job description or a recruitment pamphlet for Sinovuyo Teen participants. Make sure you explain what is needed for potential facilitators to apply and what it takes to do this job or to explain the Sinovuyo Teen programme in a way that parents and teens who might be interested in joining would understand.