



Guide for Focus Group Discussion: RCT Control Group November 2015

Information and consent:

Thank you for agreeing to be a part of this focus group discussion. We appreciate your time in giving us insight into your experience of what it is like to be a parent or teen in the Eastern Cape. As well as asking you about your lives, we will also ask you today about what your experience of the research project you are a part of has been like.

This discussion won't take more than an hour. Your participation is voluntary and you are free to withdraw if you wish. This will not affect your involvement in Sinovuyo Teen.

Because it is important for us to make sure we reproduce correctly the things you say here, we have two research assistants taking notes on what we talk about. Is this okay?

This discussion will help inform our research and publications relating to the Sinovuyo Parenting Programme. But we will ensure that any views you expressed here will remain confidential. Do we have your consent to proceed?

Yes?

No?

Do you have any questions?

If you have any further questions or complaints you can contact Dr Lucie Cluver (Lucie.Cluver@spi.ox.ac.uk) and/or Jasmina Byrne (jbyrne@unice.org)

Signed:

Date:



Logistics:

Moderators: Names of moderators

Respondents: Using specified criteria select a representative group of parents and teens from the control group

Materials: Flipboard, markers, paper, snacks, drinks

Introduction checklist:

- Greeting and introducing yourself
- Why are we here?
- What will happen today?
- What are the questions about? How many parts to the interview?
- Assurance that there are no right/wrong answers.
- Assurance that they are not compelled to stay, they may leave/no judgement!

Part One: About you and your home and family

1. Please tell us about being a parent or teenager.

For parents: What is challenging about being a parent?

For teens: What is challenging about being a teenager?

2. Mapping activity to illustrate you in relation to your family and your community.

Step 1: Everybody gets paper and markers/coloured pencils

Step 2: We would like you to draw an outline of your house

Step 3: Can you draw or write a few things that could let us know which community your house is in?

Step 4: Who lives in your house? (Draw all people who live in the house inside the house outline)

Step 5: Who is an important part of your family that doesn't live in your house? (Draw all these people outside of the house)

Discussion:

For teens: Can you circle the person/people who are responsible for taking care of you? In what way do they care for you? (Use symbols as well as words: heart = love; money sign = financial support etc)

For parents: Can you circle the children that you are primarily responsible for? Which other people on your map also play a role in caring for these children? (Draw arrows pointing from adults to children)

Step 6: What other sources of support do you access? Draw or write the names of the organisations or people or sources of financial or material support that you get onto your maps.

Discussion: What other sources of support would you like to access/do you need?

Part Two: Your experience of research

1. Experience of recruitment into the study: What was your motivation to participate in the Sinovuyo Teen study?

2. Experience of research: What did you think about the Research Assistants coming to people's homes?

3. Experience of completing the questionnaires, part one: What was it like to answer



the questions the Research Assistants asked you? Was it difficult to answer the questions that were asked? Was there any difference between the first time you answered questions and the second time?

4. Experience of completing the questionnaires, part two: Did meeting the research team and/or answering the questions that they asked you make you think differently about your lives/parenting?

Part Three: Money in your family

1. Stress about Money: Are there sometimes fights in your family about money? What are these fights about? Who is making decisions about money in your family?

2. Saving money: What makes it difficult for you to save money?

Drawing Activity: The pyramid of financial wellbeing – Where do I stand?

Step 1: Everybody gets paper and markers. Each paper has the outline of a pyramid.

Step 2: Explain: On the top of this pyramid are those people who are the richest in our society. On the bottom of this pyramid are those people who are the poorest in our society

Step 3: Each participant draws where they stand in this pyramid

Step 4: Each participant explains (in writing or drawing) what makes the richer people richer than him/her (e.g.: *We don't have a TV and a car like the richer people.*)

Step 4: Each participant explains (in writing or drawing) what makes the poorer people poorer than him/her (e.g.: *We have enough food for everybody in the house, some people in our neighborhood don't so they are poorer.*)

NOTE: If participants don't feel comfortable with drawing/writing themselves, this should be a general discussion

THANK YOU FOR YOUR PARTICIPATION!