



Sinovuyo Teen Parent Programme
Semi-Structured Interviews with Participants
(Caregivers in 2015 trial)

Introduction

Thank you for agreeing to be interviewed. We appreciate your time in giving us insight into your experience of working with the Sinovuyo Parenting Programme last year. The reason we want to talk to you today is because we are now doing research based on the stories and experiences from both this year and last year's programme. We are interested in your thoughts and stories now as it has been six months since you were involved in the Sinovuyo programme.

This interview won't take more than an hour. Your participation is voluntary and you are free to withdraw if you wish. This will not affect your involvement in Sinovuyo.

Because it is important for us to make sure we record and reproduce correctly the things you say here, we will record the interview. Is this okay?

This interview will help inform our research and publications relating to the qualitative evaluation of the Sinovuyo Parenting Programme. But we will ensure that any views you expressed here will remain confidential. Do we have your consent to proceed?

Yes?

No?

Do you have any questions?

If you have any further questions or complaints you can contact Dr Lucie Cluver (Lucie.Cluver@spi.ox.ac.uk) and/or Jasmina Byrne (jbyrne@unice.org)

Signed:

Date:



Interview questions, which were translated into IsiXhosa by researcher:

1. Who are you and who else is there in your household?

- Please tell us a little bit about yourself and your family and home. Who lives in your household? (age and sex for all family members of this household would be helpful.)
- Do you have family members living outside of the home? Where? How often do they come home? Do they depend/ support your family financially?
- Who in your opinion.... Provides financial support? Provides support/ advice in preparing young people for adulthood? Provides emotional support?

2. How did you find Sinovuyo? Please tell us a little bit about your experience of the Sinovuyo programme.

- How did you hear about the programme? What did you expect of the programme before it began? How did you find the sessions?
- What did you learn from the programme?
- What made it easy or hard to attend the sessions for you?

3. Tell us about who else in your family or household thought about your experience of the Sinovuyo programme and since then.

- Who else in your household was interested in Sinovuyo?
- How did you share your experiences with other members of your household? (possible prompts... talked about it? Observed home practices?). What did they think about these discussions and activities?
- If there are other family members living outside of the household and return home occasionally - were they aware of Sinovuyo? What did they say about the programme? Did they comment on any change of behavior of the caregiver/ teen?

4. Questions about you since Sinovuyo programme ended: Since it has been many months (6) since the last Sinovuyo session, we would like to know whether and how the sessions have continued to impact your life?

- You mentioned earlier on that you learnt..... from the programme. How has that affected your relationship with your teenager? In what way has it helped you? Can you give us some examples?
- Do you still use any of the material you discussed in the sessions? What material? How?



- Do you think your child continues to use the material from Sinovuyo? If so, how?
- What do you do if you need help/ advice in your relationship with your teenager?
- Do you still know your Sinovuyo Buddy? How often do you see each other? What are the kind of things you support each other with?

5. Closing questions

- Anything you want to ask us?
- Any recommendations on how to improve the programme?