



Sinovuyo Teen Parent Programme

Guide for Semi-Structured Interviews with Participants

(Teenagers in 2015 trial)

February 2016

Thank you for agreeing to be interviewed. We appreciate your time in giving us insight into your experience of participating in the Sinovuyo Parenting Programme last year. The reason we want to talk to you today is because we are now doing research based on the stories and experiences from the programme. We are interested in your thoughts and stories now as it has been six months since you were involved in the Sinovuyo programme.

This interview won't take more than an hour. Your participation is voluntary and you are free to withdraw if you wish.

Because it is important for us to make sure we record and reproduce correctly the things you say here, we will record the interview. Is this okay?

This interview will help inform our research and publications relating to the qualitative evaluation of the Sinovuyo Parenting Programme. But we will ensure that any views you expressed here will remain confidential. Do we have your consent to proceed?

Yes?

No?

Do you have any questions?

If you have any further questions or complaints you can contact Dr Lucie Cluver (Lucie.Cluver@spi.ox.ac.uk) and/or Jasmina Byrne (jbyrne@unicef.org)

Signed:

Date:



Interview questions, which were translated into IsiXhosa by researcher: (2015 teenagers)

1. Who are you, and who else is there in your household? (Interview + mapping exercise)

- Please tell us a little bit about yourself and your family and home. Who lives in your household? Please indicate age and sex for all family members of this household would be helpful.

(This can be drawn if that is easier: Draw a large house and create stick figures for all those in the house)

- Do you have family members living outside of the home? Where? How often do they come home?

(This can be added to the drawing: Add stick figures to those outside the house. If they come often to the house, draw them near the house; if they don't come often, draw them far away from the house)

- Who do you go to:.... If you need money? ... If you need help with your homework? ... If you have a problem with a friend? ... If you are in trouble?

(This can be added to the drawing by circling family members and using symbols above their heads to indicate the following: 'R' = if you need money; '▪' (draw an apple) = help with your homework; '☹' = problem with a friend; '!' = if you are in trouble.

2. How did you find Sinovuyo? Tell us a little bit about your experience of the Sinovuyo programme.

- How did you hear about the programme? Do you know why you chosen in your household to be a part of the programme?
- What did you enjoy:... the most? ... the least?
- What did you expect of the programme before it began? How did you find the sessions?
- What did you learn from the programme? Can you give us an example?
- What made it easy or hard to attend the sessions for you?



3. Tell us about what other members of your family or household thought about the Sinovuyo programme (Use drawing to indicate other family/household members if that helps):

- Who else in your household was interested in Sinovuyo?
- How did you share your experiences with other members of your household? (Possible prompts: Talked about it? Observed home practices?). What did they think about these discussions and activities? (Can you give us any examples?)
- If there are other family members living outside of the household and return home occasionally – were they aware of Sinovuyo? What did they say about the programme? Did they comment on any changed behavior? (Can you give us any examples?)

4. Questions about you and your caregiver since Sinovuyo programme ended:

Since it has been a couple of months (reminder: prog ended mid-November 2015) since the last Sinovuyo session, we would like to know whether and how the sessions have continued to impact your life?

- You mentioned earlier on that you learnt..... from the programme. Do you still use any of the ideas or skills that you discussed during the programme? Which ones? How?
- Do you still use any of the material you discussed in the sessions? What material? How do you use it?
- Has that affected your relationship with your caregiver? If yes, how? (Can you give us an example?)
- Has the programme affected any other relationships in your home? If yes, how? (Can you give us an example?)
- Do you think your caregiver continues to use the material from Sinovuyo? If yes, how?
- What do you do if you need help/ advice in your relationship with your caregiver?
- Do you still know your Sinovuyo Buddy? How often do you see each other? What kind of things do you support each other with?

5. Closing questions



- Anything you want to ask us?
- Any recommendations on how to improve the programme?