



LEADING MINDS

20 CONFERENCE 19

HEALTHY MINDS, HEALTHY FUTURES

7-9 November 2019

OPENING

Thursday Evening, 7 November

Palazzo Budini Gattai

CONNECT

MASTERS OF CEREMONY: Chantelle Booysen and Margianta SJD, Youth Leaders

5.00pm

INFORMAL INTRODUCTION

Aperitivo e Musica: A relaxed, warm Florentine introduction for participants to the Leading Minds conference.

5.45pm

Concert of the Scuola di Musica di Fiesole, a music academy for all ages.

6.15pm

TUSCAN WELCOME

Welcome for *Leading Minds 2019 Co-Hosts*, Priscilla Idele, **Director a.i., UNICEF Office of Research**

Maria Grazia Giuffrida, **President, Istituto degli Innocenti**

Sara Funaro, **City Councilor for Education, University and Research, Firenze**

Emanuela Claudia Del Re, **Deputy-Minister of Foreign Affairs and International Cooperation, Government of Italy**

6.45pm

LIGHT BUFFET DINNER

7.30pm

LEADING MINDS CHAT

An Informal Chat on Mental Health and Young People hosted by Henrietta H. Fore, **Executive Director, UNICEF** with:

Peter Salama, **Executive Director, Universal Health Coverage and the Life Course, WHO**

Charlotte Petri Gornitzka, **Deputy Executive Director, UNICEF**

Emanuela Claudia Del Re, **Vice-Minister of Foreign Affairs and International Cooperation, Government of Italy**

Alisher Kabyzbekov, **Youth Leader, Kazakhstan**

Olayinka Olusola Omigbodun, **Professor of Psychiatry, University College Hospital Ibadan**

Stefan Germann, **Chief Executive Officer, Botnar Foundation**

8.30pm

CLOSE

DAY 1

Friday 8 November

Salone Brunelleschi, Istituto degli Innocenti

LISTEN

07.45-08.30am **BREAKFAST**

CONFERENCE FACILITATOR: Sudhvir Singh, **Director of Policy, EAT Foundation**

CHANGING THE GAME: WHAT IT WILL TAKE

The Opening Session of the Leading Minds conference will set the tone for the remaining sessions by looking at broad tenets – resources, partnerships, strategies, political commitment and public support – of what it will take to begin to address the vast and escalating challenge of mental health for children and young people.

08.30-08:45am **INTRODUCTION**

The Leading Minds Conferences are based on five principles: Connect – Listen – Share – Discuss – Act. These principles will infuse the meeting and are introduced here by the Office of Research-Innocenti and Red Zebra.

08.45-09:00am **OPENING REMARKS FROM CO-HOSTS OF LEADING MINDS 2019**

Henrietta H. Fore, **Executive Director, UNICEF**

Emanuela Claudia Del Re, **Vice-Minister of Foreign Affairs and International Cooperation, Government of Italy**
Tedros Adhanom Ghebreyesus, **Director-General, World Health Organization (Video Message)**

OUR MINDS, OUR FUTURES

09:00-10:15am **LIVED EXPERIENCE**

Understanding the mental health of children and young people begins with listening to them: their lived experiences, emotions, fears, coping strategies, and hopes.

The conference will begin with young people recounting their experiences of mental illness, the ways in which they cope, what they do to support others, and what must be done for young people to feel supported and thrive.

The session will be designed and run by the Youth Leaders of the conference.

10.15-10:45am **COFFEE AND BILATERAL MEETINGS**

STATE OF THE SCIENCE AND PRACTICE

This Plenary session will look at the latest evidence on brain health in the earliest years of life, beginning in utero, through early and middle childhood and into adolescence and youth. The session will present the state of the art in the science on mental health for children and young people; the overall prevalence and spread of mental ill health across ages and geographies; causes of and contributing factors to mental ill health among the young; and methods of preventing and treating mental ill health and promoting healthy minds.

10:45-11:25am **KEYNOTE ADDRESS**

Vikram Patel, **Pershing Professor of Global Health and Social Medicine, Harvard Medical School**

Moderator: J. Lawrence Aber, **Willner Family Professor in Psychology & Public Policy, University Professor, New York University**

SHARE AND DISCUSS

INTERNATIONAL AND NATIONAL POLICY AND ACTION

Governments are increasingly recognizing the mental health crisis among their children and young people and beginning to take decisive action. This Plenary session hears from several governments from diverse country contexts on the actions they are taking, the rationale behind them, and the results they expect to achieve.

11.25-12.10pm

NATIONAL POLICY AND ACTION

Moderated panel discussion with **government ministers and international organizations on national and international policy and programme action** in support of the mental health of children and young people, followed by Q&A.

Moderator

Leonardo Bencini, **Head of Unit, Directorate Generale for Development Cooperation, Ministry of Foreign Affairs and International Cooperation, Government of Italy**

Panelists

Yelzhan Birtanov, **Minister of Health, Government of Kazakhstan**

Eleanor Bennett, **Head of Mental Health Unit, Ministry of Health, Government of Belize**

Mark Pearson, **Deputy Director, Employment, Labour and Social Affairs Directorate, OECD**

Rym Al Falasy, **Secretary General, Supreme Council for Motherhood and Childhood, Government of United Arab Emirates**

Followed by Q&A

CIVIL SOCIETY AND FOUNDATION ACTION

12.10-1.00pm

Civil society organizations and private foundations are increasingly involved in advancing research, interventions, programmes and advocacy on mental health for children and young people. This Plenary session hears from these groups, the actions they are taking and funding, and their hopes and challenges

Moderated panel discussion with representatives from civil society organizations and foundations, followed by Q&A.

Moderator

Miranda Wolpert, **Professor of Evidence Based Practice and Research, University College London; and Lead, Mental Health Priority Area, Wellcome Trust**

Panelists

Woon Saet Nyoon, **Chief Executive, Temasek Foundation**

Sarah Kline, **Deputy CEO, United for Global Mental Health**

Maria Valles, **Director General, FC Barcelona Foundation**

Maria Hauerslev, **Physician and Chair Elect, NCD Child**

1.00-2.00pm

LUNCH

SOLUTIONS AND BREAKTHROUGHS

A key focus of the Leading Minds conference is on solutions and breakthroughs for better mental health. These cover programmes, projects and interventions, partnerships and collaborations, and platform, technology and evidence. Discussions on solutions and breakthroughs will take place in moderated Breakout Sessions. Each participant will have a choice of two of four sessions that will run concurrently twice.

ROUND 1 OF PARALLEL SESSIONS

2.00-3.30pm

BREAKOUT 1 | Youth Engagement, Offline and Online

Young people are taking a leading role in supporting their own mental health and well-being and that of their peers. This Breakout session looks at some of the most promising solutions and breakthroughs led by young people, both offline and online and in diverse contexts.

Sala Pocetti, Istituto degli Innocenti

Co-Moderators: Chantelle Booyesen and Amie Wade

Espresso Presentations (10 mins each max)

Gabby Frost on the Buddy Project in the USA (Offline Initiative)

Anna Gueye on Teal Talk with Angel in Senegal (Online Initiative)

Satvik Sethi on Runaway in India (Online Initiative)

Sibusiso Mandia Shongwe on Music, Film, Art and Mental Health in South Africa (Offline Initiative)

Followed by Q&A and facilitated discussion and recommendations for action

BREAKOUT 2 | Platforms and Systems in Development and Humanitarian Settings

Mental health solutions for children and young people are being deployed through diverse platforms and systems. This Breakout session examines both community focused and clinical solutions and platforms at school, for families and households, at health care delivery sites, and in humanitarian setting where much of the work on children's mental health in low income countries is currently focused.

Sala Ragazzi, Istituto degli Innocenti

Co-Moderators

Mark Tomlinson and Aminata Fall

Espresso Presentations (10 mins each max)

Lucie Cluver on Mental Health Care for Communities and Families in South Africa

Leslie Snider on Mental Health and Pyschosocial Support for Children in Humanitarian Situations

Followed by Q&A and facilitated discussion and recommendations for action

BREAKOUT 3 | Delivering as One: Integrating Mental Health for Young People into Primary Health Care

The 2018 Global Conference on Primary Health Care reaffirmed the imperative of integrated delivery of health services in communities. This Breakout session examines proven and promising practices on how mental healthcare interventions can be integrated into primary health care packages and programmes.

Ground Floor Meeting Room 1, Office of Research-Innocenti

Co-Moderators

Olayinka Omigbodun and Mohammed Zurak

Espresso Presentations (10 mins each max)

Felicia Knaul on Integrating Mental Health for Youth in Latin America's Healthcare Systems

Bernadette Madrid on Safe School for Teens

Followed by Q&A and facilitated discussion and recommendations for action

BREAKOUT 4 | Evidence and Evidence Gaps

Evidence is imperative for setting goals, establishing quality programmes, and monitoring progress on the mental health of children and young people. This Breakout session examines the state of evidence – data, research and evaluation – identifies key gaps, and discusses ways of filling them with established and emerging tools and initiatives.

Ground Floor Meeting Room 2, Office of Research-Innocenti

Co-Moderators

Anca Gliga and Victor Anthony Lopez-Carmen

Espresso Presentations (10 mins each max)

Gordon Harold on Knowledge and Evidence Gaps in Child and Adolescent Mental Health

George Patton on Research on Adolescent Health and Its Consequences Later in Life in Australia

Followed by Q&A and facilitated discussion and recommendations for action

3.30p-4.00pm **COFFEE AND BILATERAL MEETINGS**

ROUND 2 OF PARALLEL SESSIONS

4.00-5.30pm BREAKOUT 1 | Youth Engagement, Offline and Online
Sala Pocetti, Istituto degli Innocenti

BREAKOUT 2 | Platforms and Systems
Sala Ragazzi, Istituto degli Innocenti

BREAKOUT 3 | Delivering as One: Integrating Mental Health for Young People into Primary Health Care
Ground Floor Meeting Room 1, Office of Research-Innocenti

BREAKOUT 4 | Evidence and Evidence Gaps
Ground Floor Meeting Room 2, Office of Research-Innocenti

5.30-5.55pm **WRAP UP**

This Plenary session will take the pulse of the conference at its halfway mark, with all participants asked to contribute what they have seen, heard, learned and discussed during the day, and how that might influence their decisions on how to act in support of mental health for children and young people.

Moderated by Charlotte Petri Gornitzka, **Deputy Executive Director, UNICEF** and Peter Salama, **Executive Director for Universal Health Coverage/Life Course, World Health Organization**

6.00-7.30pm **CHAT AND DRINKS AT CAFFE VERONE (Optional)**

DAY 2

Saturday 9 November

Salone Brunelleschi, Istituto degli Innocenti

ACT

07.45-08.30am **BREAKFAST**

08.30-09.00am **RECAP AND INPUT FROM BREAKOUT GROUP MODERATORS**

09.00-09.10 **REMARKS**

Charlotte Petri Gornitzka, **Deputy Executive Director**, *UNICEF* and Peter Salama, **Executive Director for Universal Health Coverage/Life Course**, *World Health Organization*

CHANGING THE GAME | PEER ACTION

The Leading Minds conferences are committed to be catalysts of change. In support of the actions outlined at the conference commencement on the key enablers of change, participants will also have a chance to build on Day 1 and discuss actions that they and their peer groups can take to advance solutions and breakthroughs discussed and to fill gaps in programmes and evidences. Each participant will be assigned to a peer group for discussion and decision.

09.15-11.15am **GROUP A: PRIVATE SECTOR, FOUNDATIONS AND PHILANTHROPISTS**
Ground Floor Meeting Room 2, Office of Research-Innocenti

Facilitator

Stefan E. Germann, **Chief Executive Officer**, *Botnar Foundation*

GROUP B: RESEARCHERS AND ACADEMICS
Sala Pocetti

Facilitator

George Patton, **Senior Principal Research Fellow**, *National Health and Medical Research Council of Australia*

GROUP C: POLICY AND PRACTITIONERS
Ground Floor Meeting Room 1, Office of Research Innocenti

Facilitator

Sarah Kline, **Deputy CEO**, *United For Global Mental Health*

GROUP D: YOUTH LEADERS
Sala Ragazzi

Facilitator

Victor Ugo, **Youth Leader**, *Nigeria* and Margianta SJD, **Youth Leader**, *Indonesia*

- 11.15-11.45am **COFFEE AND BILATERAL MEETINGS**
Coffee for those who just need a break and an informal chat. Arranged bilateral meetings for those who want to meet someone else specifically.
- 11.45-12.30 **DISCUSSION**
In this final Plenary session, peer groups report back on actions they have discussed and decided on, and on what it will take – resources, partnerships, political commitment and public support – to make this a reality.
- 12.30-1.00pm **FINAL RECAP, NEXT STEPS AND CLOSING REMARKS**
Charlotte Petri Gornitzka, *Deputy Executive Director, UNICEF*
Peter Salama, *Executive Director for Universal Health Coverage/Life Course, WHO*
Leonardo Bencini, *Head of Unit, Directorate General for Development Cooperation, Ministry of Foreign Affairs and International Cooperation, Government of Italy*
Chantelle Booysen, *Youth Leader, The Lancet Commission for Global Mental Health, South Africa*

CLOSING

- 1.00-2.00pm **LUNCH**
- 2.30-3.30pm **TRIP TO PIAZZALE MICHELANGELO (Optional)**
Participants have the option of a trip to *Piazzale Michelangelo*, with its spectacular views of the city of Firenze.