HEALTHY MINDS, HEALTHY FUTURES
7-9 November 2019

OPENING
Thursday Evening, 7 November
Palazzo Budini Gattai

CONNECT

MASTERS OF CEREMONY: Chantelle Booysen and Margianta SJD, Youth Leaders

5.00pm
INFORMAL INTRODUCTION
Aperitivo e Musica: A relaxed, warm Florentine introduction for participants to the Leading Minds conference.

5.45pm
Concert of the Scuola di Musica di Fiesole, a music academy for all ages.

6.15pm
TUSCAN WELCOME
Welcome for Leading Minds 2019 Co-Hosts, Priscilla Idele, Director a.i., UNICEF Office of Research
Maria Grazia Giuffrida, President, Istituto degli Innocenti
Sara Funaro, City Councilor for Education, University and Research, Firenze
Emanuela Claudia Del Re, Deputy-Minister of Foreign Affairs and International Cooperation, Government of Italy

6.45pm
LIGHT BUFFET DINNER

7.30pm
LEADING MINDS CHAT
An Informal Chat on Mental Health and Young People hosted by Henrietta H. Fore, Executive Director, UNICEF with:
Peter Salama, Executive Director, Universal Health Coverage and the Life Course, WHO
Charlotte Petri Gornitzka, Deputy Executive Director, UNICEF
Emanuela Claudia Del Re, Vice-Minister of Foreign Affairs and International Cooperation, Government of Italy
Alisher Kabylbekov, Youth Leader, Kazakhstan
Olayinka Olusola Omigbodun, Professor of Psychiatry, University College Hospital Ibadan
Stefan Germann, Chief Executive Officer, Botnar Foundation

8.30pm
CLOSE
DAY 1
Friday 8 November
Salone Brunelleschi, Istituto degli Innocenti

LISTEN
07.45-08.30am  BREAKFAST

CONFERENCE FACILITATOR: Sudhvir Singh, Director of Policy, EAT Foundation

CHANGING THE GAME: WHAT IT WILL TAKE

The Opening Session of the Leading Minds conference will set the tone for the remaining sessions by looking at broad tenets – resources, partnerships, strategies, political commitment and public support – of what it will take to begin to address the vast and escalating challenge of mental health for children and young people.

08.30-08.45am  INTRODUCTION

The Leading Minds Conferences are based on five principles: Connect – Listen – Share – Discuss – Act. These principles will infuse the meeting and are introduced here by the Office of Research-Innocenti and Red Zebra.

08.45-09.00am  OPENING REMARKS FROM CO-HOSTS OF LEADING MINDS 2019

Henrietta H. Fore, Executive Director, UNICEF
Emanuela Claudia Del Re, Vice-Minister of Foreign Affairs and International Cooperation, Government of Italy
Tedros Adhanom Ghebreyesus, Director-General, World Health Organization (Video Message)

OUR MINDS, OUR FUTURES

09.00-10.15am  LIVED EXPERIENCE

Understanding the mental health of children and young people begins with listening to them: their lived experiences, emotions, fears, coping strategies, and hopes.

The conference will begin with young people recounting their experiences of mental illness, the ways in which they cope, what they do to support others, and what must be done for young people to feel supported and thrive. The session will be designed and run by the Youth Leaders of the conference.

10.15-10.45am  COFFEE AND BILATERAL MEETINGS

STATE OF THE SCIENCE AND PRACTICE

This Plenary session will look at the latest evidence on brain health in the earliest years of life, beginning in utero, through early and middle childhood and into adolescence and youth. The session will present the state of the art in the science on mental health for children and young people; the overall prevalence and spread of mental ill health across ages and geographies; causes of and contributing factors to mental ill health among the young; and methods of preventing and treating mental ill health and promoting healthy minds.

10.45-11.25am  KEYNOTE ADDRESS

Vikram Patel, Pershing Professor of Global Health and Social Medicine, Harvard Medical School
Moderator: J. Lawrence Aber, Willner Family Professor in Psychology & Public Policy, University Professor, New York University
SHARE AND DISCUSS

INTERNATIONAL AND NATIONAL POLICY AND ACTION

Governments are increasingly recognizing the mental health crisis among their children and young people and beginning to take decisive action. This Plenary session hears from several governments from diverse country contexts on the actions they are taking, the rationale behind them, and the results they expect to achieve.

11.25-12.10pm NATIONAL POLICY AND ACTION
Moderated panel discussion with government ministers and international organizations on national and international policy and programme action in support of the mental health of children and young people, followed by Q&A.

Moderator
Leonardo Bencini, Head of Unit, Directorate Generale for Development Cooperation, Ministry of Foreign Affairs and International Cooperation, Government of Italy

Panelists
Yelzhan Birtanov, Minister of Health, Government of Kazakhstan
Eleanor Bennett, Head of Mental Health Unit, Ministry of Health, Government of Belize
Mark Pearson, Deputy Director, Employment, Labour and Social Affairs Directorate, OECD
Rym Al Falasy, Secretary General, Supreme Council for Motherhood and Childhood, Government of United Arab Emirates

Followed by Q&A

CIVIL SOCIETY AND FOUNDATION ACTION

12.10-1.00pm Civil society organizations and private foundations are increasingly involved in advancing research, interventions, programmes and advocacy on mental health for children and young people. This Plenary session hears from these groups, the actions they are taking and funding, and their hopes and challenges

Moderated panel discussion with representatives from civil society organizations and foundations, followed by Q&A.

Moderator
Miranda Wolpert, Professor of Evidence Based Practice and Research, University College London; and Lead, Mental Health Priority Area, Wellcome Trust

Panelists
Woon Saet Nyoon, Chief Executive, Temasek Foundation
Sarah Kline, Deputy CEO, United for Global Mental Health
Maria Valles, Director General, FC Barcelona Foundation
Maria Hauerslev, Physician and Chair Elect, NCD Child

1.00-2.00pm LUNCH
SOLUTIONS AND BREAKTHROUGHS

A key focus of the Leading Minds conference is on solutions and breakthroughs for better mental health. These cover programmes, projects and interventions, partnerships and collaborations, and platform, technology and evidence. Discussions on solutions and breakthroughs will take place in moderated Breakout Sessions. Each participant will have a choice of two of four sessions that will run concurrently twice.

ROUND 1 OF PARALLEL SESSIONS

2.00-3.30pm      BREAKOUT 1 | Youth Engagement, Offline and Online
Young people are taking a leading role in supporting their own mental health and well-being and that of their peers. This Breakout session looks at some of the most promising solutions and breakthroughs led by young people, both offline and online and in diverse contexts.
Sala Pocetti, Istituto degli Innocenti
Co-Moderators: Chantelle Booysen and Amie Wade

Espresso Presentations (10 mins each max)
Gabby Frost on the Buddy Project in the USA (Offline Initiative)
Anna Gueye on Teal Talk with Angel in Senegal (Online Initiative)
Satvik Sethi on Runaway in India (Online Initiative)
Sibusiso Mandia Shongwe on Music, Film, Art and Mental Health in South Africa (Offline Initiative)

Followed by Q&A and facilitated discussion and recommendations for action

BREAKOUT 2 | Platforms and Systems in Development and Humanitarian Settings
Mental health solutions for children and young people are being deployed through diverse platforms and systems. This Breakout session examines both community focused and clinical solutions and platforms at school, for families and households, at health care delivery sites, and in humanitarian setting where much of the work on children’s mental health in low income countries is currently focused.
Sala Ragazzi, Istituto degli Innocenti
Co-Moderators
Mark Tomlinson and Aminata Fall

Espresso Presentations (10 mins each max)
Lucie Cluver on Mental Health Care for Communities and Families in South Africa
Leslie Snider on Mental Health and Psychosocial Support for Children in Humanitarian Situations
Followed by Q&A and facilitated discussion and recommendations for action

BREAKOUT 3 | Delivering as One: Integrating Mental Health for Young People into Primary Health Care
The 2018 Global Conference on Primary Health Care reaffirmed the imperative of integrated delivery of health services in communities. This Breakout session examines proven and promising practices on how mental healthcare interventions can be integrated into primary health care packages and programmes.
Ground Floor Meeting Room 1, Office of Research-Innocenti
Co-Moderators
Olayinka Omigbodun and Mohammed Zurak

Espresso Presentations (10 mins each max)
Felicia Knaul on Integrating Mental Health for Youth in Latin America’s Healthcare Systems
Bernadette Madrid on Safe School for Teens

Followed by Q&A and facilitated discussion and recommendations for action
BREAKOUT 4 | Evidence and Evidence Gaps
Evidence is imperative for setting goals, establishing quality programmes, and monitoring progress on the mental health of children and young people. This Breakout session examines the state of evidence — data, research and evaluation – identifies key gaps, and discusses ways of filling them with established and emerging tools and initiatives.

Ground Floor Meeting Room 2, Office of Research-Innocenti
Co-Moderators
Anca Gliga and Victor Anthony Lopez-Carmen

Espresso Presentations (10 mins each max)
Gordon Harold on Knowledge and Evidence Gaps in Child and Adolescent Mental Health
George Patton on Research on Adolescent Health and Its Consequences Later in Life in Australia

Followed by Q&A and facilitated discussion and recommendations for action

3.30p-4.00pm  COFFEE AND BILATERAL MEETINGS

ROUND 2 OF PARALLEL SESSIONS

4.00-5.30pm  BREAKOUT 1 | Youth Engagement, Offline and Online
Sala Pocetti, Istituto degli Innocenti

BREAKOUT 2 | Platforms and Systems
Sala Ragazzi, Istituto degli Innocenti

BREAKOUT 3 | Delivering as One: Integrating Mental Health for Young People into Primary Health Care
Ground Floor Meeting Room 1, Office of Research-Innocenti

BREAKOUT 4 | Evidence and Evidence Gaps
Ground Floor Meeting Room 2, Office of Research-Innocenti

5.30-5.55pm  WRAP UP

This Plenary session will take the pulse of the conference at its halfway mark, with all participants asked to contribute what they have seen, heard, learned and discussed during the day, and how that might influence their decisions on how to act in support of mental health for children and young people.

Moderated by Charlotte Petri Gornitzka, Deputy Executive Director, UNICEF and Peter Salama, Executive Director for Universal Health Coverage/Life Course, World Health Organization

6.00-7.30pm  CHAT AND DRINKS AT CAFFE VERONE (Optional)
DAY 2  
Saturday 9 November  
Salone Brunelleschi, Istituto degli Innocenti

ACT

07.45-08.30am  BREAKFAST

08.30-09.00am  RECAP AND INPUT FROM BREAKOUT GROUP MODERATORS

09.00-09.10   REMARKS
Charlotte Petri Gornitzka, Deputy Executive Director, UNICEF and Peter Salama, Executive Director for Universal Health Coverage/Life Course, World Health Organization

CHANGING THE GAME | PEER ACTION

The Leading Minds conferences are committed to be catalysts of change. In support of the actions outlined at the conference commencement on the key enablers of change, participants will also have a chance to build on Day 1 and discuss actions that they and their peer groups can take to advance solutions and breakthroughs discussed and to fill gaps in programmes and evidences. Each participant will be assigned to a peer group for discussion and decision.

09.15-11.15am  GROUP A: PRIVATE SECTOR, FOUNDATIONS AND PHILANTHROPISTS  
Ground Floor Meeting Room 2, Office of Research-Innocenti

Facilitator
Stefan E. Germann, Chief Executive Officer, Botnar Foundation

GROUP B: RESEARCHERS AND ACADEMICS  
Sala Pocetti

Facilitator
George Patton, Senior Principal Research Fellow, National Health and Medical Research Council of Australia

GROUP C: POLICY AND PRACTITIONERS  
Ground Floor Meeting Room 1, Office of Research Innocenti

Facilitator
Sarah Kline, Deputy CEO, United For Global Mental Health

GROUP D: YOUTH LEADERS  
Sala Ragazzi

Facilitator
Victor Ugo, Youth Leader, Nigeria and Margianta SJD, Youth Leader, Indonesia
11.15-11.45am  **COFFEE AND BILATERAL MEETINGS**
Coffee for those who just need a break and an informal chat. Arranged bilateral meetings for those who want to meet someone else specifically.

11.45-12.30  **DISCUSSION**
In this final Plenary session, peer groups report back on actions they have discussed and decided on, and on what it will take – resources, partnerships, political commitment and public support – to make this a reality.

12.30-1.00pm  **FINAL RECAP, NEXT STEPS AND CLOSING REMARKS**
Charlotte Petri Gornitzka,  **Deputy Executive Director, UNICEF**
Peter Salama,  **Executive Director for Universal Health Coverage/Life Course, WHO**
Leonardo Bencini,  **Head of Unit, Directorate General for Development Cooperation, Ministry of Foreign Affairs and International Cooperation, Government of Italy**
Chantelle Booysen,  **Youth Leader, The Lancet Commission for Global Mental Health, South Africa**

**CLOSING**

1.00-2.00pm  **LUNCH**

2.30-3.30pm  **TRIP TO PIAZZALE MICHELANGELO (Optional)**
Participants have the option of a trip to Piazzale Michelangelo, with its spectacular views of the city of Firenze.